

Mental Health Issues & Responding to Kids in Crisis

Jodi Owen-Sabatino, Psy.D.

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Mental Health Disorders of School-age Children:

To be acknowledged, but not addressed in any depth today:

Mental Retardation, ADHD, LD, Developmental Coordination Disorder, Expressive Language Disorder, Mixed Receptive-Expressive, Phonological Disorder (formerly Developmental Articulation Disorder), Stuttering

Autistic Disorder

Impairment in social interaction, communication, restricted repetitive and stereotyped patterns of behavior, interests, activities

Asperger's Disorder

Impairment in social interaction, restricted repetitive and stereotyped patterns of behavior, interests, activities

Rett's Disorder

Normal development until 5-48 months, then decrease in head growth, loss of hand skill, coordination, social engagement, language

Childhood Disintegrative Disorder

Normal development through 2 years, then loss of skills plus impairments such as in Autism/Asperger's

Conduct Disorder

Repetitive, consistent behavior in which basic rights of others or major societal norms or rules are violated

Oppositional Defiant Disorder

Pattern of negativistic, hostile, and defiant behavior lasting 6 months

Pica

Persistent eating of nonnutritive substances

Rumination Disorder

Repeated regurgitation and rechewing of food not associated with GI

Feeding Disorder of Infancy or Early Childhood

Feeding disturbance; failure to eat enough to gain weight or weight loss

Tourette's Disorder

Both multiple motor and one or more vocal tics

Chronic Motor or Vocal Tic Disorder

Single or multiple motor or vocal tics occurring many times per day

Transient Tic Disorder

Tics without meeting criteria for two disorders above

Encopresis

At least age 4 with repeated passage of feces into inappropriate places

Enuresis

At least age 5 with repeated voiding of urine into bed or clothes

Separation Anxiety

Developmentally inappropriate excessive anxiety concerning separation from home or attachment individuals

Selective Mutism

Consistent failure to speak in specific social situations despite speaking in other situations

Reactive Attachment Disorder

Disturbed/developmentally inappropriate social relatedness before age 5

Stereotypic Movement Disorder

Repetitive, nonfunctional motor behavior (besides Tic, PDD, MR, etc)

Depression

Anxiety (Obsessive Compulsive Disorder, Panic Disorder, Post-traumatic Stress Disorder)

Bipolar Disorder

Substance Abuse/Dependence

Anorexia Nervosa

Bulimia Nervosa

Sleep Disorders

Adjustment Disorders

Personality Disorders

(Some) Issues Pertaining to the Mental Health of School-age Children:

Bullying
Sexual abuse
Physical abuse
Neglect
Domestic violence
Sexual assault
Community stress or crisis
War
Terrorism
Divorce
Frequent moves
Family financial stress
Unsafe neighborhood
Death of family member or other loss

(Some) Red Flags/Signs of Crisis:

Disturbing artwork
Hiding
Secrecy
Withdrawal
Poor schoolwork
Falling asleep in school
Overly hungry
Dirty
Tantrums
Overly emotional
Bullying behavior
Bullying target
Fighting
Weight loss
Soiling self
Frequently ill
Self-injurious behavior
Verbal threats of harm

Responding to Crisis:

Trust your “gut”
Report suspected abuse and/or neglect to CPS
Involve the parent(s); have the parent take the child to local mental health center or ER
Involve crisis on-call in your community; alert the on-call line of the crisis
Involve Law Enforcement; if child will not go with parent or parent unavailable
Know your community’s resources; call the CMHC now and find out what the process is

SD Community Mental Health Centers

<u>Behavior Management Systems</u>	Sandy Diegel, Executive Director	350 Elk Street Rapid City, SD 57701-7388 Phone: (605) 343-7262
<u>Capital Area Counseling Services</u>	Dennis Pfrimmer, MSW Executive Director	803 East Dakota PO Box 148 Pierre, SD 57501-0148 Phone: (605) 224-5811
<u>Community Counseling Services</u>	Duane Majeres, MS Executive Director	357 Kansas SE Huron, SD 57350 Phone: (605) 352-8596
Dakota Counseling Institute	Michelle Carpenter, Director	910 West Havens Mitchell, SD 57301-3894 Phone: (605) 996-9686
East Central Mental Health and CD Center	William Price, Ph.D. Executive Director	211 Fourth Street Brookings, SD 57006 Phone: (605) 697-2860
<u>Human Service Agency</u>	Charles Sherman, Ph.D. President/CEO	123 19th St. NE PO Box 1030 Watertown, SD 57201-1030 Phone: (605) 886-0123
Lewis and Clark Behavioral Health Services	Thomas Stanage, Ph.D. Executive Director	1028 Walnut Yankton, SD 57078-2999 Phone: (605) 665-4606
<u>Northeastern Mental Health Center</u>	Mike Forgy, Executive Director	628 Circle Drive Aberdeen, SD 57401 Phone: (605) 225-1014
<u>Southeastern Behavioral HealthCare</u>	Vicki Rowe, MSW Executive Director	2000 S. Summit Sioux Falls, SD 57105 Phone: (605) 336-0510
Southern Plains Behavioral Health Services	James Nardini, Ph.D. Executive Director	500 E. 9th St. PO Box 662 Winner, SD 57580-0662 Phone: (605) 842-1465
Three Rivers Mental Health and CD Center	Susan Sandgren, Executive Director	11 East Fourth St. PO Box 447 Lemmon, SD 57638-0447 Phone: (605) 374-3862